

# A Message from our COVID-19 Coordinator





Dear Members of the Yale Community,

As move-in week for undergraduates concludes, we are seeing a small number of positive COVID-19 cases, which was not unanticipated. The *By the Numbers* information below shares a high-level overview of Yale data on testing and positive cases.

We need to rely on our continued vigilance and the collective actions of our community if we are to keep these numbers low.

While we are continually learning more about COVID-19, it is clear that the most common way for the virus to spread is through person-to-person interactions. One way to reduce the risk of spread is to follow our <a href="health and safety guidelines">health and safety guidelines</a>, such as mask wearing and social distancing. Another important strategy for reducing transmission of the virus is to identify those with infections and instruct them to isolate while they are infectious. It is also important to identify close contacts of infected individuals and instruct them to quarantine during the time when they might develop the disease as a result of their close exposure. The goal is to keep those in isolation and quarantine healthy, but separated,



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to prevent the spread of the virus to others.

#### When should I quarantine?

Quarantining prevents you from unknowingly infecting others, if you have been exposed to the virus and are at risk for developing an infection as a result of that exposure.

Arrival Quarantine: If you are arriving to campus or returning from travel from a state with a <a href="https://example.com/high-positive-test-rate">high-positive-test-rate</a>, you are required to remain in your residence for 14 days, following the <a href="instructions">instructions</a> issued by the State of Connecticut. Undergraduates living on campus have additional restrictions as described in the <a href="Yale College">Yale College</a> FAQs:

Contact Quarantine: If you have been in close contact--within 6 feet of distance for more than 15 minutes--with someone who has tested positive for COVID-19 you will need to quarantine in your residence for 14 days. You may be notified of the need to quarantine through Yale's contact tracing program.

#### When should I isolate?

If you have tested positive for COVID-19 or been told by your health care provider that you have COVID-19, you must separate yourself from others who are not infected—even if you have no symptoms. You should get medical advice, especially if you have COVID-19 symptoms, by calling your primary care provider or one of the key resources listed below for assistance. Yale Health will also provide clinical advice during your self-isolation and let you know when you may resume your normal activities. Additionally, you will be referred for contact tracing to identify others who may be at risk for infection.

I encourage you to review the <u>health and safety guidelines</u> webpage for more information regarding these topics. In addition, please reach out to any of the key resources listed below whenever a question arises.

- Campus COVID Resource Line (CCRL) 203.432.6604
- Mental Health and Counseling 203.432.0290
- Student Health (203)-432-0312
- Yale Employee Health (203)-432-7978

Remember, we're all in this together.

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 Stephanie S. Spangler, M.D.
Vice Provost for Health Affairs and Academic Integrity

## By the Numbers

Yale makes public <u>vital data about the state of COVID-19 within the Yale community.</u>

#### CURRENT YALE COVID-19 ALERT LEVEL: Yellow: Low to Moderate Risk

POSITIVE CASES	MOST RECENT RESULTS (AUG. 26)	7 DAY PERIOD (AUG. 20 - 26)	SINCE AUG. 1 (THROUGH AUG. 26)
STUDENTS	1	4	5

## **Important Notes**

- Yale-sponsored events: New <u>guidelines for Yale sponsored events</u> limit the size of events and ban serving food or drink for in-person events or socials.
- Isolation housing: Updated policy outlines the use of <u>university-provided isolation housing</u> for students.
- On August 31, routine/recurrent <u>testing begins</u>.

# Stay Informed.



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Learn the latest information about the health of our campus.



### Yale COVID updates



"If we stick to the rules and try our best, and do all things we know are right as Yalies and as citizens of New Haven, I think we can make it work!"

### - Kahlil Greene and Meaghan McGeary

Yale College Council President and Graduate Student Assembly Chair

Watch the video

## What to Read

Members of the Yale College Class of 2024 began moving into their residential colleges on August 24.



Check it out

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In accordance with State of Connecticut Reopen rules, and, more importantly, to support best public health practices on our campus, we are providing weekly reminders on policies intended to promote a healthy campus. These reminders are meant to complement and reinforce the information presented in the <a href="Return to Yale Campus Training">Return to Yale Campus Training</a> and Yale University <a href="COVID-19">COVID-19</a> Workplace Guidance website.

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